

# 2017-18 Cherry Creek School District Special Diet Information

## Introduction and Overview

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Cherry Creek Schools Food and Nutrition Services (FNS) strives to provide all students with the healthy meals they need to excel in the classroom. When a student is in need of specialized and/or modified meals, we provide these modifications in accordance with USDA regulations 7 CFR Part 15b. In addition to providing modified meals for those with documented medical need, it is our goal to provide detailed nutrition information to all families regarding the meals served in Cherry Creek School District.

It is essential that a team approach is taken to meeting the dietary needs of all students which includes parents and guardians, students, Food and Nutrition Services staff and Health Services staff. Please read below carefully to ensure that your child's needs are met.

## Meal Modification Requirements

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If your child requires a modified diet due to a medical condition, please follow the process below.

1. Complete the *Medical Statement for Meal Modification* available on the Food and Nutrition Services website at [www.ccsdcafe.org](http://www.ccsdcafe.org) or by contacting Food and Nutrition Services at 720-886-7156. Please note the following regarding the *Medical Statement for Meal Modification*:
  - a. This form must be signed by a licensed medical authority (MD, DO, APN with prescription authority, or a PA).
  - b. All areas of form must be completed in order to begin any meal modification.
2. Submit to FNS Coordinator of Operations, Shanna Williams, MS, RD at [swilliams102@cherrycreekschools.org](mailto:swilliams102@cherrycreekschools.org) or by fax to 720-886-7171.
3. The Meal Modification request will be reviewed by Coordinator of Operations for best approach to accommodating the request.
4. The FNS Coordinator of Operations will contact parent or guardian regarding request within 7 business days of receiving request at the Student Nutrition Center.
5. If deemed necessary a written menu plan will be created by the Coordinator of Operations and plan will be kept on file with Food and Nutrition Services.
  - a. The written menu plan will be communicated to the Food and Nutrition Services Supervisor and kitchen manager.
  - b. Kitchen manager will work with student and parents to determine how to best accommodate the new menu plan with limited interruptions to the students meal time. All instructions necessary to implement menu plan will be kept on file at school.
  - c. If deemed necessary, the Food and Nutrition Services team will work with the 504 Plan team to best accommodate request.

6. A student's meal will only be modified if there is a *Medical Statement for Meal Modification* on file with Food and Nutrition Services.

### Additional Considerations:

1. Cherry Creek Schools Food and Nutrition Services does not currently provide non-dairy alternatives to fluid milk component for those with dairy/lactose intolerances. A student does not need to take fluid milk to complete a reimbursable meal (as long as three food components are taken and one of these is ½ cup fruit or vegetable) and water is available in each cafeteria.
2. **The Cherry Creek School District is considered an allergy-aware environment not an allergy-free environment.**
3. Our foodservice staff is trained in current food safety practices and in avoiding cross contamination; however the district is not able to guarantee an allergen-free or contaminant-free environment.
4. Cherry Creek Schools Food and Nutrition Services does not currently serve peanut-containing items as part of reimbursable meals; however, products may have been manufactured in a facility also manufacturing peanut-containing products.
5. Please refer to menu resources noted below and actively monitor the labels of pre-packaged foods when purchasing a la carte items.

## Food Allergies and Menu Resources

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If your child has food allergies, please follow the process below and use the many resources made available by Health Services and Food and Nutrition Services of Cherry Creek School District.

1. Specify allergies in online parent registration.
  - a. Enter your child's allergies into *Parent Forms* at the time of registration. If your child has food allergies, specify if these are life threatening (meaning requiring epinephrine) or non-life threatening food allergies.
  - b. Food allergies that require epinephrine can be transferred to the Nutrition Services system and will be entered by the Food and Nutrition Services Supervisor as a note at the Point of Sale System.
  - c. Please note that entering allergies at point of sale system is considered a second check for the food service staff but cannot be considered a guarantee that a menu item will not be served to a student.
2. Refer to Menu for allergen information when making decisions regarding your child's menu choices.
  - a. View online menus through Food and Nutrition Services website at [www.ccsdcafe.org](http://www.ccsdcafe.org) or through smartphone app available for Apple and Android phones.
  - b. Online menus provide the following information for each menu item
    - i. Menu item description
    - ii. Nutrition label information
    - iii. Allergens
    - iv. Carbohydrate Information

3. A report of allergens will also be available at the school kitchen for reference at time of service. If you or your child has any questions regarding allergens, please don't hesitate to refer to this document and/or ask the kitchen staff to review menu offered with you.

### Additional Considerations:

1. *The ingredient contents are accurate to the best of our knowledge based on information we have received from the manufacturer. The information provided is meant to be a guide to the ingredients in our food products and is not definitive. The Food and Nutrition Services Department is not responsible for any adverse medical events incurred as a result of using this guide. Many factors can affect the ingredients in a product, including cross contamination from other foods. Please verify the menu items being served with the kitchen manager since the menu and the brand of product we use may change at any time without notice. Please contact Shanna Williams, FNS Coordinator of Operations at 720-886-7156 or [swilliams102@cherrycreekschools.org](mailto:swilliams102@cherrycreekschools.org) for further information about food allergens.*
2. All nutritional and allergen information is based on the standardized preparation of the recipe for the menu item. Minor modifications may be made to the menu item to allow for some students to be able to consume menu items (for example, Crispy Beef Taco contains Dairy, however, if cheese garnish is omitted, a student with dairy allergy/intolerance may be able to consume).
3. **If your child's allergy is severe, complicated and/or requires a modified diet that cannot necessarily be achieved using the menu resources available, please follow the previous process for meal modification.**
4. As noted above, a meal will not be modified unless a Medical Statement for Meal Modification is on file with Food and Nutrition Services.